

Printable Measuring Tape

PRINTING

Print this page in landscape orientation at 100% (**do not scale to fit**). Use a ruler to confirm accuracy

MEASURING

- Cut out ruler along the lines
 - Starting at “0”, wrap the tape around your wrist bone snugly to your skin. We need your exact wrist measurement. Mark where the ends of the tape measure touch. Do not add or subtract from this measurement.
 - Enter your wrist measurement online when ordering our bracelets.
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If you have any questions or concerns please email us at info@stinghd.com or call (516) 801-2760.

